

ADDICTION TREATMENT



DAY TREATMENT

(Formerly Bridges to Health)

Day treatment programs for both men and women concerned about their substance use.



www.houseoffriendship.org

ADDICTION TREATMENT

Day Treatment

“I was initially very nervous of this program, but I fell in love with it. It helped me grow as a person and it’s somewhere I feel safe to share.”

– DAY TREATMENT PARTICIPANT

YOU DON’T HAVE TO FACE IT ALONE.

Find support and encouragement and learn valuable techniques in a group setting to reach your substance-use goals. The Intensive Day Treatment program runs weekdays during daytime hours for two weeks, while program workshops are held at various times. Services are offered at locations throughout Waterloo-Wellington. Some workshops and sessions are offered separately for women and men, while others are for all genders. Gender is self-identified. All are welcome.

Program services include: Intensive Day Treatment, Wellness Workshops and Open Recovery (men) and Aftercare (women).

TO ACCESS SERVICES:

Call 1-844-437-3247 (HERE247) for assessment and screening.

WE’RE HERE TO HELP!

519.742.8327 x 276

daytreatment@houseoffriendship.org

71 Ann Street, Kitchener, ON N2B 3T3

All inquiries are welcome and confidential.



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Funding provided by:

