

# ADDICTION TREATMENT



## DAY TREATMENT

(Formerly Bridges to Health)

Day treatment programs for both men and women concerned about their substance use.



[www.houseoffriendship.org](http://www.houseoffriendship.org)

# ADDICTION TREATMENT

## Day Treatment

“I was initially very nervous of this program, but I fell in love with it. It helped me grow as a person and it’s somewhere I feel safe to share.”

– DAY TREATMENT PARTICIPANT

### YOU DON’T HAVE TO FACE IT ALONE.

Find support and encouragement and learn valuable techniques in a group setting to reach your substance-use goals. The Intensive Day Treatment program runs weekdays during daytime hours for two weeks, while program workshops are held at various times. Services are offered at locations throughout Waterloo-Wellington. Some workshops and sessions are offered separately for women and men, while others are for all genders. Gender is self-identified. All are welcome.

Program services include: Intensive Day Treatment, Wellness Workshops and Open Recovery (men) and Aftercare (women).

### TO ACCESS SERVICES:

Call 1-844-437-3247 (HERE247) for assessment and screening.

### WE’RE HERE TO HELP!

519.742.8327 x 276

daytreatment@houseoffriendship.org

71 Ann Street, Kitchener, ON N2B 3T3

All inquiries are welcome and confidential.



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