

Women's Staged Day Treatment Program

Introductory Treatment

Thursdays (ongoing)

Virtual Program

3:30pm—4:30pm

Intensive Treatment

Mar 20-Mar 31, 2023

Virtual Program

Mon, Wed, Fri 9:30-2:00

Tues, Thurs 9:30-12:30

Intensive Treatment

Apr 24-May 5, 2023

Virtual Program

Mon, Wed, Fri 9:30-2:00

Tues, Thurs 9:30-12:30

The Women's Staged Day Treatment Program involves Introductory Treatment (Stage 1) and Intensive Treatment (Stage 2) for women who are concerned with their substance use.

Introductory Treatment is a weekly supportive and skill building group designed to prepare you for participation in the Intensive Program.

Intensive Treatment is a 2-week group intended for individuals who believe they can benefit from participating in a virtual group counselling program and are committed to a lifestyle that supports their individual substance use goals.

To begin the application process to the Staged Day Treatment program one must have their assessment completed and sent to Day Treatment. Day Treatment staff will follow up shortly after the assessment is received.

Please note that space in all programs is limited; please apply early.

For more information about the Staged Day Treatment program or other services offered by Day Treatment, please call 519-742-8327 x 276 (Lana) or daytreatment@houseoffriendship.org

Please contact Here 24/7 to have your assessment completed.



1 844 437 3247
(HERE247)

Call anytime to access
Addictions, Mental Health
& Crisis Services
Waterloo-Wellington-Dufferin

If your assessment has already been completed, please have it faxed to (519)745-3957, attention: Day Treatment.

There is no cost to participate in House of Friendship, Addiction Treatment services.