



Whether you are new to recovery or have been in recovery for some time, this group welcomes you. Men's Open Recovery is a weekly support group where men are able to share about their recovery challenges, successes and hopes in a supportive space with other men. Join us for an open discussion on Wednesdays from 6:00-8:00pm.

Participants are asked to abstain from substances for 24 hours prior to attending group.

Access to an email address, stable internet connection, and a device with a microphone and camera is required to participate.

There is no cost to participate.

To register please contact
Lana at **519-742-8327 ext. 276**
or lanai@houseoffriendship.org