### **ADDICTION TREATMENT**



# **DAY TREATMENT**

Day treatment program for individuals concerned about their substance use.



## ADDICTION TREATMENT

Day Treatment

"Day Treatment was the best place I could have ended up. I learned some good tools I didn't have before. I'm looking forward now. I'm happy I can do that."

- DAY TREATMENT PARTICIPANT

#### YOU DON'T HAVE TO FACE IT ALONE.

Find support and encouragement and learn valuable techniques to reach your substance-use goals. The Intensive Day Treatment program runs weekdays during daytime hours for two weeks, while program workshops are held at various times. Services are offered at locations throughout Waterloo-Wellington. Some workshops and sessions are offered separately for women and men, while others are for all genders. Gender is self-identified. All are welcome.

#### TO ACCESS SERVICES:

Call 1-844-437-3247 (HERE247) for assessment and screening.

#### WE'RE HERE TO HELP!

519-742-8327 x 276 daytreatment@houseoffriendship.org 71 Ann Street, Kitchener, ON N2B 3T3 All inquiries are welcome and confidential.

