

Women's Staged Day Treatment Program

Introductory Treatment

Thursdays (ongoing)

VIRTUAL (Zoom)

3:30-4:30pm

Intensive Treatment

May 6-17, 2024

IN PERSON (71 Ann St,
Kitchener)

Mon, Wed, Fri 9:30-2:00
Tues, Thurs 9:30-12:30

Intensive Treatment

June 10-21, 2024

VIRTUAL (Zoom)

Mon, Wed, Fri 9:30-2:00
Tues, Thurs 9:30-12:30

Intensive Treatment

July 15-26, 2024

IN PERSON (71 Ann St,
Kitchener)

Mon, Wed, Fri 9:30-2:00
Tues, Thurs 9:30-12:30

The Women's Staged Day Treatment Program is for individuals who are concerned with their substance use, and are taking steps to make changes or maintain changes to their substance use. The program involves Introductory Treatment (Stage 1) and Intensive Day Treatment (Stage 2), as well as Aftercare options (Stage 3).

Introductory Treatment is a weekly group focused on skill-building and support, designed to prepare you for participation in the Intensive Day Treatment Program.

Intensive Day Treatment is a two-week group intended for individuals who believe they can benefit from participating in a group counselling program and are committed to a lifestyle that supports their individual substance use goals.

To begin the application process to the Staged Day Treatment Program, one must have their assessment tools completed and sent to Day Treatment. Day Treatment Counsellors will then follow-up to complete a program intake, assess needs and goals, and discuss next steps.

In-person and virtual program delivery options are available for Stage 2 Intensive Day Treatment. These details will be discussed during the intake process.

The Stage 1 Introductory Treatment group remains virtual at this time, with options of attending in-person as needed.

Please note that space in all programs is limited, so apply as soon as you are able.

For more information about the Staged Day Treatment Program or other services offered by Day Treatment, please call 519-742-8327 x 219 (Erika, Supervisor) or daytreatment@houseoffriendship.org



1 844 437 3247
(HERE247)

Call anytime to access
Addictions, Mental Health
& Crisis Services
Waterloo-Wellington-Dufferin

Please contact Here 24/7 to have your assessment tools completed. If your assessment tools have already been completed, please send to Day Treatment via fax at 519-745-3957

There is no cost to participate in Addiction Services programs at House of Friendship