## Recovery Rewritten: Creative Writing In-Person Workshop

Thursday April 18 AND Thursday April 25, 2024 at 1:00-3:00pm

71 Ann St, Kitchener ON, N2B 3T3



For adults with concerns about their substance use

This two-session creative writing workshop is for individuals at all stages of their recovery journey. Participants will have the opportunity to learn new writing styles, connect with their peers, participate in a sharing circle, and learn how creative writing can support their recovery. All skill levels are welcome, whether you are a novelist or have never picked up the pencil, this workshop is for you!

<u>This workshop is IN-PERSON</u>. Attendance at both sessions is encouraged. Pens, pencils and paper will be provided. Please bring any other writing materials you may wish to use.

Open to all genders. The workshop will be facilitated by Day Treatment Counsellors.

Snacks and refreshments will be provided. Please inform us of any dietary needs, as well as any other accommodations. GRT bus fare available upon request.

Free parking on-site.

We recognize each person's unique substance use goals. We ask that you are able to participate in group in a way that is safe for yourself and others, including not being under the influence of substances at the workshop.

Please register in advance.

**TO REGISTER:** Please contact Erika (Supervisor) at 519 -742-8327 ext. 219 or erikah@houseoffriendship.org