**Addiction Services** 



## Coffee Conversations in Recovery IN-PERSON WORKSHOPS

First Tuesday of every month (from June 4-September 3) at 1:30-3:30pm 71 Ann Street, Kitchener ON, N2B 3T3

For adults with concerns about their substance use

Are you yearning for a little more connection in your life? Do you want more meaningful, purposeful conversations that can deepen your recovery? Then look no further. Come on out to Ann Street for some coffee, or tea perhaps, on the first Tuesday of the month for lively, goal driven conversations about the challenges and amazing successes folks experience in recovery. The hope of this group is to talk about the topics you want to discuss. We will have interactive activities to help explore the topics you would like to discuss. So please, come on out and grab a coffee with us!

The first Tuesday of every month (June 4, July 2, August 6 and September 3). These workshops are IN-PERSON. Open to all genders. Facilitated by Day Treatment Counsellors.

Snacks and refreshments will be provided. Please inform us of any dietary needs, as well as any other accommodations. GRT bus tickets available upon request. Free parking on-site.

We recognize each person's unique substance use goals. We ask that you are able to participate in group in a way that is safe for yourself and others, including not being under the influence of substances at the workshop.

**TO REGISTER:** Please contact Claudia (Admin) at 519-742-8327 ext. 276 or claudiac@houseoffriendship.org