



Men's Open Recovery

Drop-in Support Group

Wednesdays at 6:00-8:00pm
Virtual Group

Men's Open Recovery is a weekly discussion-based support group for adults who identify as male or non-binary and have concerns with their substance use. This group is drop-in style and provides a supportive space for participants to share about their recovery successes, challenges and hopes. Whether you are new to recovery or have been in recovery for some time, this group welcomes you.

This group runs weekly, Wednesdays at 6:00-8:00pm, and primarily runs virtually via Zoom.
This group is facilitated by Day Treatment Counsellors.

We recognize each person's unique substance use goals. We ask that you are able to participate in group in a way that is safe for yourself and others, including not being under the influence of substances during the group.

Access to an email address, stable internet connection, and a device with a microphone and camera is required to participate virtually.

Registration in advance is encouraged. There is no cost to participate.

TO REGISTER: Please contact Day Treatment
519-742-8327 ext. 276 or
daytreatment@houseoffriendship.org