



Coffee Conversations in Recovery

IN-PERSON WORKSHOPS

Second Tuesday of every month

1:30-3:30pm

71 Ann Street, Kitchener

Monthly in-person workshop for adults with concerns about their substance use.

Are you yearning for a little more connection in your life? Do you want more meaningful, purposeful conversations that can deepen your recovery? Join us for coffee, tea & snacks, on the 2nd Tuesday of each month for lively, goal-focused conversations about the challenges and successes folks experience in recovery.

The second Tuesday of every month: Jan 13, Feb 10, Mar 10, Apr 14, May 12,

June 9, July 14, Aug 11, Sept 15 (third Tuesday), Oct 13, Nov 10, Dec 8

These workshops are IN-PERSON. Open to all genders. Facilitated by Day Treatment Counsellors.

Snacks and refreshments will be provided. Please inform us of any dietary needs or other accommodations. GRT bus tickets available upon request. Free parking on-site.

We recognize each person's unique substance use goals. We ask that you are able to participate in group in a way that is safe for yourself and others, including not being under the influence of substances at the workshop.

Please register in advance

TO REGISTER: Please contact Day Treatment —
daytreatment@houseoffriendship.org or
519-742-8327 ext. 276