



Coffee Conversations in Recovery

IN-PERSON WORKSHOPS

4th Tuesday of every month

1:30-3:30pm

562 Concession Rd, Cambridge

Join us for coffee, tea & snacks, on the 4th Tuesday of each month for lively, goal-focused conversations about the challenges and successes experienced in substance use recovery.

These workshops are IN-PERSON.

Open to all genders. Facilitated by Day Treatment Counsellors.

Snacks and refreshments provided. Please inform us of any dietary needs or other accommodations in advance. GRT bus tickets available upon request. Free parking on-site.

Upcoming workshop dates (2026): Aug 25, Sept 22, Oct 27, Nov 24, Dec 22

We recognize each person's unique substance use goals. We ask that you are able to participate in group in a way that is safe for yourself and others, including not being under the influence of substances at the workshop.

Please register in advance. Drop-ins are also welcome.

TO REGISTER: Contact Day Treatment —
daytreatment@houseoffriendship.org or
519-742-8327 ext. 276