Addiction Services



Parents in Recovery

Virtual Group

3rd Tuesday of the month
1:00-2:30 pm
Zoom

Support is essential to parents in recovery.
This group offers facilitated discussion in an accepting and non-judgmental environment to foster a community of parents supporting one another. Together we will seek to build hope and new skills as we navigate recovery and parenting together.

<u>These workshops are virtual</u>.
Open to all genders. Facilitated by Day Treatment Counsellors.

We recognize each person's unique substance use goals. We ask that you are able to participate in group in a way that is safe for yourself and others, including not being under the influence of substances at the workshop.

Access to an email address, stable internet connection and a device with a microphone and camera is required to participate

<u>To register:</u>
1) Contact Day Treatment at 519-742-8327 x 276 or daytreatment@houseoffriendship.org
2) Complete a short intake over the phone with a Day Treatment Counsellor

House of Friendship