House of Friendship

Staged Day Treatment Program

Mixed Gender Substance Use Treatment

Staged Day Treatment Program is a group treatment program for adults who want to make or maintain changes to their substance use.

Stage 1: Introductory Treatment Group

A weekly group focused on skill-building and support, designed to prepare participants for the Intensive Day Treatment Program.

Thursdays
3:30 PM - 4:30 PM
Virtual (Zoom)

Stage 2: Intensive Day Treatment

A structured two-week group counselling program for individuals committed to a lifestyle that supports their personal substance use goals.

Monday-Friday (2-weeks)
Mon, Wed, Fri 9:30 AM – 2:00 PM and Tues, Thurs 9:30 AM – 12:30 PM
In-Person (Kitchener) **Virtual** (Zoom)

Lunch & Snacks provided for in-person programs

Questions? Seeking more information?

519-742-8327 ext. 276
daytreatment@houseoffriendship.org

For more information about the Staged Day Treatment Program or other services offered by Day Treatment, please contact us.

No cost to participate. Funded by Ontario Health (West).

How to Apply:

☑ Contact **Here 24/7** for screening and referral

1-844-437-3247

☑ Participate in a Day Treatment intake appointment

☑ Discuss your needs, goals, and next steps with program staff

In-person and Virtual Stage 2 Treatment Cycles offered monthly

Program details and dates will be discussed during the intake process

Participants may benefit if they are:

- Interested in group counselling
- Motivated to make changes related to substance use
- Seeking additional skills, support and connection in recovery